

CAMPS



GIRLS SHOOTING STARS BASKETBALL CAMP

Grades Completed June 2012

June 11, 12, 13, 14 & 15

#12227 Grades K-2

Time: 8:00-9:00 am

#12228 Grades 3-4

Time: 9:00-10:00 am

Location: Recreation Center Gym

Coach: Angela Tauer/Varsity Players

Fee: \$65

Learn individual basketball skills, team offense and team defense concepts and put them to practice.

GIRLS TIGER BASKETBALL CAMP

Grades Completed June 2012

June 18, 20, 25, 27, July 9, 11, 16, 18, 23 & 25

#12229 Grades 5-7, 8:00-10:00am

#12230 Grades 8-11, 10:00 am-12:00 pm

Location: High School Gym

Coaches: High School Coaches

Fee: \$95

This camp is designed for current high school players who plan to try out for the 10th Grade, Junior Varsity, and Varsity High School teams. This camp will focus on individual offensive and defensive skills. It will also incorporate team-building activities needed to build a healthy basketball program.



FULL COURT HOOPS

Grades Completed June 2012

Location for all: High School Gym

Coaches: High School Coaches

#12231 Boys & Girls, Grades 8-11

Mondays through Thursdays

Dates: June 11 - July 26

(Will not meet July 2-5)

Time: 12:30-2:00 pm

Coaches: High School Coaches

Fee: \$45

#12232 Girls, Grades 5-7

Tuesdays/Thursdays

Dates: June 26, 28, July 10, 12, 17 & 19

Time: 2:30-3:30 pm

Fee: \$35

Become a better player by playing the game. Players will be divided up each day into teams and given the opportunity to play the game of basketball. Learn to be a team player and handle game situations.



TIGER VOLLEYBALL CAMP

Girls entering Grades Fall of 2012

June 25, 26, 27 & 28

#12233 Grades 1-2, 9:00 am-10:00 pm, **Fee: \$30**

#12234 Grades 6-8, 10:00 am-12:00 pm, **Fee: \$60**

#12235 Grades 3-5, 1:00-2:30 pm, **Fee: \$40**

Location: Recreation Center Gym

Instructor: Dennis Piechowski & HS coaching staff

This volleyball camp will focus on individual skills at the elementary level. Middle School athletes will refine individual skills and focus on team play. Beginners are welcome at all levels. Bring kneepads grades 3-8, optional grades 1-2. All participants will receive a camp t-shirt.



Physical Rehabilitation Center

CAMPS

FULL COURT HOOPS

Grades Completed June 2012

Location: High School Gym

#12231 Boys & Girls, Grades 8-11

Mondays through Thursdays

Dates: June 11 - July 26

(Will not meet July 2-5)

Time: 12:30-2:00 pm

Coaches: High School Coaches

Fee: \$45

#12236 Boys, Grades 3-7

Dates: June 11, 13, 18, 20, 25, 27, July 9 & 11

Time: 2:30-3:30 pm

Location: High School Gym

Coach: Dave Kucera

Fee: \$55 Limit: 26/Minimum: 13

Players will learn how to properly space themselves on the floor and understand the importance of how to move. Players will work on primary and secondary fast breaks, dribble weaves with two on three fast breaks. Players will divide into groups and given the opportunity to participate in a full court game. Small instruction breaks will be implemented as a learning tool to help players understand the game while they are playing.



BOYS SHOOTING STARS BASKETBALL CAMP

Grades Completed June 2012

June 12, 14, 19, 21, 26 & 28

#12241 Grades K-4

Time: 2:00-3:15 pm

Location: Middle School Gym

Coaches: Dave Kucera

Fee: \$65

Learn individual basketball skills, team offense and team defense concepts and put them into practice! Students will be divided into grades at the gym. (K-2 / 3-4)



BOYS TIGER BASKETBALL CAMP

Completed Grades June 2012

June 12, 14, 19, 21, 26, 28 July 10, 12, 17 & 19

#12242 Grades 5-8, Time: 8:00-9:45 am

#12243 Grades 9-11, Time: 10:00-11:45 am

Location: High School Gym

Coaches: Dave Kucera & High School Coaches

Fee: \$95

This camp is designed for current high school and middle school players who plan to try out for the 9th, 10th grade, Junior Varsity, and Varsity High School teams. The camp will focus on individual offensive and defensive skills. It will also incorporate team building activities needed to build a healthy basketball program.

TIGER POWER STRENGTH & CONDITIONING PROGRAM

Boys & Girls Grades 8-11 Completed June 2012

Dates: June 11-August 2 (will not meet July 2-5)

Mondays through Thursdays

#12237 Black 7:30-9:00 am

#12238 Gold 9:00-10:30 am

Location: High School Weight Room

Instructor: Chad Harlander

Fee: \$80

This program will teach athletes the tools needed to improve athletic performance and prevent injuries. It will address range of motion, strength, power, speed agility, coordination and stabilization of the total body. Participants will gain knowledge in the areas of agility, nutrition, strength and sprinting.

TIGER POWER STRENGTH & CONDITIONING PROGRAM **Grades 5-7 Completed June 2012**

Dates: June 11-August 2 (will not meet July 2-5)

#12239 Boys Mondays & Wednesdays

#12240 Girls - Tuesdays & Thursdays

Location: High School Weight Room

Instructor: Chad Harlander

Time: 1:00-2:00 pm

Fee: \$40

This program will teach athletes the tools needed to improve athletic performance and prevent injuries. It will address range of motion, strength, power, speed agility, coordination and stabilization of the total body. Participants will gain knowledge in the areas of agility, nutrition, strength and sprinting.



CORE DEVELOPMENT TRAINING FOR HOCKEY PLAYERS

Grades 6-8 Completed June 2012

#12244 June 11-August 2 (Will not meet July 2 -5)

Mondays - Wednesdays - Thursdays

Time: 10:45 am - 12:00 pm

Location: High School Weight Room

Instructor: Chad Harlander

Fee: \$50

Core Development Training for Hockey players is offered for those young athletes who are ready to take their training to the next level. This class will offer the young athlete the option to start to train to become physically able to compete at a higher level.

CAMPS

TIGER FOOTBALL & LEADERSHIP CAMP

Grades Completed June 2012

June 11, 12, 13 & 14

#12245 Grades 7-9

Time: 10:30 am-12:00 pm

Location: HS Fields by Sheds

Instructor: Andy & Grady Rostberg

Fee: \$60

Tiger camp will stress the fundamentals and techniques used at the various positions in the game of football. This camp is for all football players regardless of position or ability. We will stress learning teamwork, and leadership skills as well as becoming a better football player.



FOOTBALL KICKING/PUNTING CAMP

Grades Completed June 2012

Dates: July 9, 10, 11 & 12

#12246 Grades 6-8, 8:00-9:15 am

#12247 Grades 9-12, 9:15 - 10:30 am

Location: High School Fields

Instructors: Keith (Peanut) Pearce

Fee: \$75 Kickers

\$25 for Snappers

All long snappers are welcome! Camp focus will be on the "art" of the kicking game. It is one-third of a football game and the most over-looked! Three things must happen before an extra point/field goal can be attempted - snap, hold and kick. This camp is open to snappers, both long and XP, holders and kickers/punters. Campers need to bring a football, kick off tee, a black block for extra points/field goals and a water bottle. Please wear shorts, tee shirt and cleats. Cleats are recommended for maximum grip, however not required.

HUTCHINSON YOUTH FOOTBALL SKILLS & DRILLS

Grades Completed June 2012

June 11, 13, 15, 18, 20 & 22

#12248 Grades 3-4, 9:00-10:00 am

#12249 Grades 5-6, 10:00-11:00 am

Location: High School Fields by Sheds

Instructor: Dave & Trent Kucera

Fee: \$40

Students are introduced to different football skills and drills that teach students the fundamentals of football with an emphasis on teamwork, fun and participation. Students will learn how to run different patterns, pass, block and play different defensive positions. An opportunity will be given for students to participate in a five-on-five flag football game.

HUTCH FOOTBALL CAMP

Grades Completed June 2012

June 25, 26, 27 & 28

#12250 Grades 8-11

Time: 5:00-6:30 pm

Location: High School Fields by Sheds

Instructor: Andy & Grady Rostberg

Fee: \$50

Players will learn strategies, formations and techniques to be used this fall in 9th, 10th, and varsity football. This camp is intended to help players get a head start on the football season!



HUTCH TIGER LINEMAN CAMP

Grades Completed June 2012

#12251 Grades 8-11

July 16, 17, 18, 23, 24 & 25

Time: 5:00-6:30 pm

Location: High School Fields by Sheds

Instructors: Dave Kucera & Chad Harlander

Fee: \$45

Individuals will be introduced to offensive and defensive blocking and tackling techniques. Individuals will obtain knowledge and techniques about how to utilize proper footwork in run and pass blocking situations related to combo blocks, double teams and one-on-one engagement blocks. Individuals will learn how to utilize defensive techniques of shedding and creating a pass rush. Individuals will experience full contact against individuals of their ability level.



CAMPS

TEAM SPIRIT

Completed Grades 2-6, June 2012

#12206 June 11, 13, 15, 18, 20, 22, 25 & 27

Time: 1:00-2:00 pm

Location: Middle School Gym

Instructor: Dave Kucera

Fee: \$50

This fun class offers a variety of activities related to movement and exercise with an emphasis placed on teamwork and participation. Students will be placed on two teams. Team placement will change from time to time so that students learn how to work with different individuals in different



activities and environments. The rules and expectations of an activity will be introduced before participation begins. Activities will change from day to day. Activities may include indoor soccer, team handball, softball, kickball, touch football, sideline basketball, battle ball, dodge ball, trench ball, lightning and frisbee football.



WRESTLING YOUTH SUMMER CAMP

July 23, 24, 25 & 26

#12252 Pre K– Grade 3, 5:00-6:30 pm

#12253 Grades 4-8, 6:30-8:00 pm

Location: High School Wrestling Room

Instructor: Hutch Wrestling Club

Fee: \$30 (Family cost max: \$75)

Current and future Wrestlers wanted!

Hutchinson Wrestling Club is hosting its annual youth summer camp for all wrestling abilities. Come and experience this fun and rewarding sport! Highlights of this camp include folkstyle technique, one-on-one instruction, and live wrestling. Camp details will also be posted on www.hutchwrestling.com. Did you know Hutchinson Wrestling is on Facebook? Become a fan and check it out!



REGISTER ON THE WEB!

@

www.ci.hutchinson.mn.us
Scroll down to "other tools"
on the left margin.



HUSKIES YOUTH BASEBALL CLINIC GRADES 1-5

FRIDAYS, JUNE 8 & JULY 6 AT VMF FIELD

5:45 - 6:45 pm

Fee: \$15 per participant (May 31st deadline)

Parents and child also receive game pass each day



To register send check payable to
Hutch Huskies:

Huskies Youth Baseball Camp
755 Neal Avenue SW
Hutchinson, MN 55350

Please include child's name, age, grade,
address and phone number.

SOCCER CAMP

Hutchinson United Soccer Association has partnered with Challenger Sports British Soccer Camps to bring their unique and cultural style of coaching to the soccer players of Hutchinson this summer.

Camp will take place Monday-Thursday July 16th-19th

6-9 year old Camp 9:00-10:30 am - \$75

10-13 year old Camp 10:30 am-12:00 pm - \$75

14-19 year old Camp 1:00-3:00 pm - \$90

All Camp sessions Feature Challenger's new 1,000 touch curriculum: Individual Footskills, Fakes moves & turns, dribbling, Passing/Receiving, Shooting, Heading, Tackling/Defending and the Camp World Cup!

Sign up for camp at www.challengersports.com and sign up 45days in advance of camp and receive a replica jersey FREE. All campers will receive a Ball, t-shirt, poster and written evaluation as part of the camp package



CAMPS

SUMMER HOCKEY CAMP @ HUTCHINSON BURICH ARENA

Three weeks for the price of one - Great flexibility with your summer sports schedules and family activities. Miss a day or a week and still get a great value and great training and development!

HIGH INTENSITY DAY CAMP - Bantam - 12U/10U - Pee Wee - Squirt/LYM

On-Ice: Power Skating - Puck Control - Scoring & Team Play Concepts
 Off-Ice: Agility - Quickness - Strength - Core training along with Shooting - Stick handling & off-ice games, swimming
 ► Week 1: June 25 - 30 Power Skate/Puck Control
 ► Week 2: July 2, 3, 6 3 on 3, Small area games
 ► Week 3: July 9 - 13 Skills & Team play
M-TH JUNE 25 - JULY 13 - Skating, Puck Control - Fun & Games!

PROGRAM TIMES: June 25 - June 30 : July 2, 3, 5, 6 : July 9 - 13

SQUIRTS/LYM: M-F 7:45-11:45 am (Ice-Core-Shoot-Games)
PEE WEES: M-F 8:00 am - 12:00 pm (Core-Shoot-Games-Ice)
10U/12U: M-F 8:00 am - 12:00 pm (Core-Ice-Shoot-Games)
BANTAMS: M-F 1:15 pm-2:45 pm (Ice Only)
Mite 1 (advanced): M-Th 12:15 - 1:00 pm (except July 4)
Mite 2 (beginners): M-Th 6:15 - 7:00 pm (except July 4)

***NOTE: The camp is structured to accommodate the player who will miss days/weeks due to other summer commitments and family activities. Please note the emphasis for the camp weeks as you plan your other schedules. Week 1: Power Skating & Puck Control (M-F) Week 2: 3 on 3 Cross & Small area games (T-F) Week 3: Skills & Team Play (M-F)**



Registration: Please make checks payable to **PERFORMANCE HOCKEY**

Athlete Information

Register for Age Group for 2012-2013 Season

MITES	10U/12U	SQ/LYM	PW	BNTM	GOALIE
\$140	\$285	\$285	\$300	\$200	\$50

Please Circle Player Age and Fee

NAME: _____

ADDRESS: _____

***E-MAIL:** _____

PHONE: _____

TOTAL DUE: \$ _____

DEPOSIT: \$ _____ **BALANCE: \$** _____

50% deposit due at sign-up: \$70 for Mites.
 Balance is due June 10th. No refunds after May 1st.

RELEASE AND INDEMNITY:

The sport of hockey, skating and dry land sporting activities have inherent physical risks that may result in serious injury. I knowingly and freely assume all risks. Medical and personal insurance is the full responsibility of the participants. Photos and/or videos taken during the camp may be used for promotion.

*

 Parent or Guardian Signature

DATE _____

*Note: All communication including confirmation, schedule changes, and other camp information will be communicated by e-mail. Please make sure the e-mail address on the registration form is correct.

MAIL Signed Registration to:

PERFORMANCE HOCKEY CAMP
 PO Box 381
 Hutchinson, MN 55350
 E-Mail: performance.hockey2@gmail.com
 320-223-1512